

WINTER/SPRING 2019 PROGRAM GUIDE



- Active Older Adults
- Athletics and Fitness
- Enrichment
- Outdoor Activities
- Special Events

Pleasant Grove's Farm Heritage Museum's displays will open this spring!

FLUVANNA COUNTY PARKS AND RECREATION STAFF

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MISSION STATEMENT: Our Parks and Recreation Department's mission is to promote opportunities for residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural resources.

FLUVANNA COUNTY BOARD OF SUPERVISORS

Mike Sheridan, Chairman

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Mozell Booker, Vice Chairman

Fork Union District
mbooker@fluvannacounty.org

Tony O'Brien

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tobrien@fluvannacounty.org

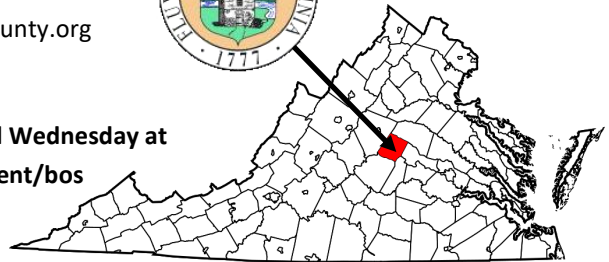
Donald W. Weaver

Cunningham District
dweaver@fluvannacounty.org

Patricia B. Eager

Palmyra District
peager@fluvannacounty.org

Board Meetings are the first Wednesday at 4pm and third Wednesday at 7pm of every month. www.fluvannacounty.org/government/bos



FLUVANNA COUNTY PARKS AND RECREATION ADVISORY BOARD

Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

Tony O'Brien - BOS Liaison
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FLUVANNA COUNTY... THE HEART OF VIRGINIA AND YOUR GATEWAY TO THE FUTURE

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Financial Assistance

FCPR offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review. You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

Volunteer Opportunities

We are committed to working cooperatively in the development of programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents.

Interested in Teaching a Class?

Teaching doesn’t have to be hard! We will help you. Tell us what you would like to teach, we’ll help you create a curriculum, advertise the program, and bring you the students.

Call (434) 589 - 2016 for information.

HOW TO REGISTER FOR PROGRAMS

- Registration for all programs opens when the current program guide is distributed.
- You must be signed up one week prior to the first class of each session.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at <https://fluvanna.recdesk.com/Community> and click “Log In”.
- Register in person at the following locations during business hours:
 1. **Pleasant Grove House Museum**, 271 Pleasant Grove Drive, Palmyra, VA 22963
Monday - Friday, 8 AM - 5 PM & Saturday - Sunday 12 - 4 PM.
 2. **Fluvanna Community Center**, 5725 James Madison Highway, Fork Union, VA 23055
Monday - Friday, 8 AM - 5 PM.
- After business hours, you can leave registrations and payments in one of our drop boxes:
 1. **Pleasant Grove Equestrian Parking**, 271 Pleasant Grove Drive, Palmyra, VA 22963
 2. **Carysbrook Sports Complex**, 8788 James Madison Highway, Palmyra, VA 23055
 3. **Fluvanna Community Center**, 5725 James Madison Highway, Fork Union, VA 23055
- Payment is due one week before program starts.
- **COURSE INSTRUCTORS DO NOT COLLECT FEES.**
- A \$20 charge is added for returned checks.

FCPR INCLEMENT WEATHER POLICY: In the event of inclement weather, the Fluvanna County Parks and Recreation Department’s sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8 am - 5 pm.

ACTIVE OLDER ADULT CENTERS

Fluvanna County's Senior Programs provide a variety of activities for those 55 and over. Join us for charitable projects, exercise games, games with prizes, trips, guest speakers, and community forums. **Monthly calendars are posted on the County website and on the Fluvanna Parks and Recreation Facebook page:**

www.Facebook.com/FluvannaParksandRecreation

All programs are free, unless otherwise indicated. We are actively seeking new members and volunteers are welcome. One-time visits are welcome, too!

Cunningham: Meets first and third Monday of the month, from 10 am - 2 pm.
VFW Post 8169, 2997 West River Road, Scottsville, VA 24590



Fork Union: Meets every Wednesday of the month, from 10 am - 2 pm.
Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055
(RN provides free blood pressure and blood glucose screening, call ahead to confirm.)

Kents Store: Meets second and fourth Thursday of the month, from 10 am - 2 pm.
ARC Building, Kents Store, 111 Kents Store Way, Kents Store, VA 23084

Troy: Meets first and third Tuesday of the month, from 10 am - 2 pm.
Beaver Dam Baptist Church, 1794 Richmond Road, Troy, VA 22974

Please note: Centers will be open unless there is inclement weather, see policy at bottom of page.

For questions, please contact Faith Stuart at 842-3150 or fstuart@fluvannacounty.org



Attention Veterans and Dependents! Do you know your Veterans Benefits? We do!

Virginia Department of Veterans Services www.dvs.virginia.gov

Need help? Visit us at the Fluvanna Community Center by appointment only.
5725 James Madison Highway
Pamela Zirkle & Jeannette Flint (434) 295 - 2782

By appointment, 1st Wednesdays of each month from 9 - 11:30am



Virginia Department of Veterans Services

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OUTDOOR ACTIVITIES

INTRO to KAYAKING

Ages 18+ / Saturday, June 1 / 9 am - Noon / \$25 / Meets at Beach 4, Lake Monticello

Covers the basics of kayaking, the fundamentals of paddling and safety afloat.

Class size limited to 8 participants. Kayak, paddle and lifejacket (PFD) provided. Must register in advance.

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

LLAMA TREKS AT LOWER SHERWOOD LLAMA FARM

10+ or with accompanying adult / \$36 / Trek Leaders: Heather Antonacci and Paige McGrath

SESSION 1: Mar 30, Saturday, 2 pm

SESSION 2: Apr 20, Saturday, 2 pm

Enjoy a leisurely walk in the woods with a llama as your companion. Guided along roughly 3 miles of trails learn about llamas and the local flora and fauna along the way. Each person, gets to walk their own llama. Younger children may accompany an adult. Each walk has room for up to 8 people. Bottled water provided. Please wear appropriate shoes for a hike in the woods as we will be crossing creeks. No flip flops, clogs or open-tied shoes. The introduction to the llamas and the walk takes about 2 to 3 hours. Must register in advance. We will meet in the equine parking area.

HORSEBACK RIDING CLASSES AT EQUUS SPRINGS FARM

Hunt Seat and Western Lessons Available / Instructor: Heather Antonacci

INTRODUCTION TO HORSEBACK RIDING

Ages 5 - 95 / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

Little or no riding experience. Learn grooming, tacking, and riding.

Session 1:	Jan 12 - Feb 2	Saturdays	9:00 - 10:00 am
Session 2:	Feb 7 - Feb 28	Thursdays	4:30 - 5:30 pm
Session 3:	Mar 2 - Mar 23	Saturdays	9:00 - 10:00 am
Session 4:	Mar 13 - Apr 3	Wednesdays	4:30 - 5:30 pm
Session 5:	Mar 28 - Apr 18	Thursdays	6:00 - 7:00 pm
Session 6:	Apr 6 - Apr 27	Saturdays	9:00 - 10:00 am
Session 7:	Apr 12 - May 3	Fridays	6:00 - 7:00 pm

BEGINNER HORSEBACK RIDING

Ages 6+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

Beginners with experience who are able to trot independently and control speed and direction of horse.

Session 1:	Jan 10 - Jan 31	Thursdays	4:30 - 5:30 pm
Session 2:	Feb 9 - Mar 2	Saturdays	9:00 - 10:00 am
Session 3:	Mar 23 - Apr 13	Saturdays	9:00 - 10:00 am
Session 4:	Apr 3 - Apr 24	Wednesdays	4:30 - 5:30 pm
Session 5:	Apr 4 - Apr 25	Thursdays	6:00 - 7:00 am

INTERMEDIATE HUNTER HORSEBACK RIDING

Ages 8+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

For those with experience; must be able to canter and jump 18" or lope patterns safely in a group.

Session 1:	Jan 18 - Feb 8	Fridays	4:30 - 5:30 pm
Session 2:	Mar 2 - Mar 23	Saturdays	9:00 - 10:00 am
Session 3:	Mar 8 - Mar 29	Fridays	6:00 - 7:00 pm

ATHLETICS AND FITNESS

HATHA YOGA 1 & 2 MIXED LEVELS

Ages 16+ / See Dates Below / 10:30- 11:45 am / \$48 / Fluvanna Community Center

Discover new health and serenity by learning to both tone and relax the body and to calm the mind. Bring a mat and small pillow. Do not eat for two hours prior to class. Beginners are welcome! Instructor Devi Peterson (RN) is certified to teach Integral Yoga Hatha Levels 1 and 2. If you need to register before class, please arrive 15 minutes early.

Session 1:	Feb 6 - Mar 13	Wednesdays
Session 2:	Feb 25 - Apr 1	Mondays
Session 3:	Mar 20 - Apr 24	Wednesdays
Session 4:	Apr 8 - May 20	Mondays (no class Apr 22)
Session 5:	May 1 - Jun 5	Wednesdays



Contact Thomas Baber with questions at (434) 589 - 2016 or tbarer@fluvannacounty.org

KIDDIE TEE-BALL

Ages 3 & 4 / Saturdays / Apr 6 - May 18 / 10 - 11 am / \$50 / Carysbrook Gym

(No Class April 20)

The Fluvanna County Parks and Recreation Kiddie Tee-Ball is an exciting and innovative sports program that introduces 3 & 4 year olds to the game. Fun, skill development, socialization, teamwork and parent/child interaction are emphasized. Children learn basic sport skills in a safe, age appropriate, noncompetitive environment. First 3 weeks in gym, second 3 weeks outside. On the last week, we will travel to Charlottesville to scrimmage a team from the YMCA for a game-type atmosphere.

Instructor: Harold Boyd

Contact Thomas Baber with questions at (434) 589– 2016 or tbarer@fluvannacounty.org

CHEERLEADING

Ages 5 - 13 / Mondays through Mar 4 / 3 - 5 pm / Regular Extended Education fee \$5 per day + \$15 shirt cost / Central Elementary



Extended Education is partnering with Parks and Recreation to offer cheerleading. Participants must be registered as Extended Education students. They will be expected to follow all the rules and requirements of that program. Cheerleading will end at 5 pm, and participants may be picked up at that time or parents can pick them up until 6 pm without an additional fee. After-school transportation can be provided from Fluvanna County Schools to Central Elementary. Saturday games begin January 5, 2019.

Contact Gary Greenwood with questions at (434) 989 - 0049 or exeducation@apps.fluco.org

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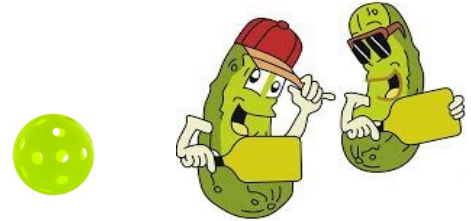
ATHLETICS AND FITNESS

INTRODUCTION TO PICKLEBALL

Ages 15+ / Free / See dates below / 5 - 6 pm / Free / Carysbrook Gym

Pickleball the easiest sport to learn and the hardest to master, this is a class to introduce you to the fastest growing sport for athletes 50 and over. No equipment is needed. A minimum of 4 participants must be registered the week before, for this class to run.

Saturday, Jan 5 Saturday, February 2 Saturday, March 2
Saturday, April 6 Saturday, May 4



PICKLEBALL / Adults / Free / Carysbrook Gym

Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport for athletes 50 and over! Players use oversized wooden paddles and a whiffleball that moves and bounces slower than a tennis ball. The game is played on a badminton-sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. Paddles and balls are provided. Come and join this activity, which is fast paced, easy to learn, great exercise, and a lot of fun.

Jan 2 - Mar 18	Mar 25 - May 25
Mondays, 6 - 8:30 pm (FMS Annex Gym)	Mondays, 6 - 8:30 pm
Fridays, 1:30 - 4 pm	Fridays, 1:30 - 4 pm
Saturdays, 6 - 8 pm	Saturdays, 6 - 8 pm

AFTER SCHOOL KARATE / TAE KWON DO KARATE

Ages 5+ / Wednesdays / See Dates and Times Below / \$55 / Carysbrook Gym

Afterschool Tae Kwon Do Karate will begin on Wednesday, January 9th. This form of martial arts is a branch of Grand Master Dong's whose headquarters is in Richmond. In this 6 week session, beginner students will learn their basics - (front snap kick, blocks, punches, and self-defense grabs). The classes help to improve self-confidence and self-discipline while learning how to protect and defend. Skills are taught and reinforced with fun learning skills- (targets, stations, partners, and blocking games). Students are always learning while never getting bored! Colored belt students will continue to learn their requirements for their next ranking belt. Taught by 5th Degree Master Bonnie Snoddy.

SESSION 1: Jan 9 - Feb 13
SESSION 2: Feb 20 - Apr 10 (No class Mar 27 and Apr 3)
SESSION 3: Apr 17 - May 22

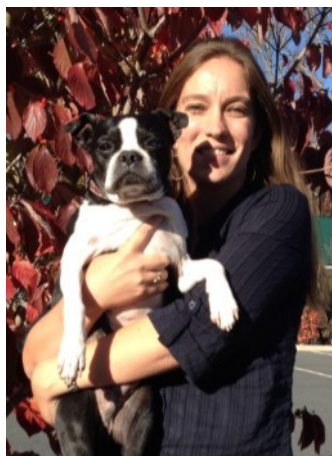
BEGINNER & WHITE BELTS (ages 5 & up)	3:30 - 4:10 pm
COLORED BELTS (all colored belt ranks)	4:15 - 4:55 pm



Contact Thomas Baber with questions at (434) 589 - 2016 or tbaber@fluvannacounty.org



DOG OBEDIENCE TRAINING



About the Instructor: Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help people solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companion. She uses positive reinforcement methods.

Contact Ashleigh Morris at (434) 589 -7209 or aymorris@hotmail.com with any questions.

BEGINNING OBEDIENCE

All Ages / See Dates & Times Below / \$80 per Session / Dog Spot @ Fluvanna Community Center

Dogs will be dogs until humans teach them proper manners. Learn how to positively motivate your dog to learn how to live in the human world. This class teaches sit, look, down, stay, come, leave it, and loose leash walking — all building blocks to a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome. Families are encouraged to attend together.

Session 1:	Jan. 8 - Feb.5	Tuesdays	6:30 - 7:30 pm
Session 2:	Jan. 9 - Feb. 6	Wednesdays	6:30 - 7:30 pm
Session 3:	Feb. 20 - Mar. 20	Wednesdays	6:30 - 7:30 pm
Session 4:	Feb. 21 - Mar. 21	Thursdays	10:00 - 11:00 am
Session 5:	Mar. 26 - Apr. 30	Tuesdays	3:30 - 4:30 pm (no class week of Apr. 2)
Session 6:	Mar. 27 - May 1	Wednesdays	6:30 - 7:30 pm



CANINE GOOD CITIZEN OR INTERMEDIATE OBEDIENCE OR CONFIDENCE CLASS*

Dates and Times Below / \$80 / Dog Spot @ Fluvanna Community Center

Session 1:	Jan. 8 - Feb. 5	Tuesdays	7:30 - 8:30 pm	(Int. Ob. Will end Jan. 29)
Session 2:	Jan. 9 - Feb. 6	Wednesdays	TBD	(Int. Ob. Will end Jan. 30)
Session 3:	Feb. 20 - Mar. 20	Wednesdays	7:30 - 8:30 pm	(Int. Ob. Will end Mar. 13)
Session 4:	Feb. 21 - Mar. 21	Thursdays	9:00 - 10:00 am	(Int. Ob. Will end Mar. 14)
Session 5:	Mar. 26 - Apr. 23	Tuesdays	TBD	(Skip Apr. 2. CGC will end Apr. 30)
Session 6:	Mar. 27 - Apr. 24	Wednesday	7:30 - 8:30 pm	(CGC will end May 1)

***Depending on demand, one of these classes will run during the designated dates and times. Please let Ashleigh know as soon as possible which class you are interested in. You will be contacted closer to the class date as to which class will be held. Since the Confidence Class is held outdoors, the dates/times it is offered is seasonal**

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DOG OBEDIENCE TRAINING



CANINE GOOD CITIZEN

This class is designed to teach you how to teach your dog to be a good citizen in the community. Ashleigh will spend each class teaching and perfecting the 10 skills needed to pass the AKC Canine Good Citizen test. She is an approved AKC Canine Good Citizen Test evaluator.

The official AKC CGC Test is offered for an additional fee at graduation. This is a 5-week class.

CONFIDENCE BUILDING

Help your dog gain confidence while you have fun teaching your dog to conquer a variety of obstacles. The more dogs learn and try new things, the more confidence they obtain. Continuing to work together helps them place more trust in their human and strengthen your bond. This is a 4-week class.

INTERMEDIATE OBEDIENCE

Take your dog's training to the next level. In Intermediate Obedience, learn to get your dog to focus on you and respond to you with lots of distractions. You and your dog will build on the skills learned in Beginning Obedience. There is a focus on hand signals and making the basic commands more challenging. This is a 4-week class.

***Graduates of the Beginning Obedience Class may enter these classes. If you have a question about your dog's obedience level please contact Ashleigh at (434) 589 -7209 or aymorris@hotmail.com**

DOG TRAINING ONE-DAY CLINICS

Dates and Times Below / \$30 per Clinic / Dog Spot @ Fluvanna Community Center

Training clinics are designed to help people learn how to teach basic skills to their dogs. Clinic I is a prerequisite to taking Clinic II, Clinic III & IV, unless you have trained with Ashleigh previously. You can choose which clinics you attend or attend all of them.

Clinic I: Thursday, Jan. 17 10:00 - 11:00 am

WITHOUT DOGS! No, you didn't read that wrong! This Clinic is designed so that the 2-legged students can learn how to use positive reinforcement to achieve training goals. Since you are your dog's primary trainer, it is a must for you to understand how to communicate with them and to help them grow into the canine companion that you would like for them to become.

Clinic II: Tuesday, Feb. 12 3:30 - 4:30 pm

Look, sit, come, stay & wait (perfect for teaching the dogs not to dash out the door).

Clinic III: Tuesday, Mar. 12 3:30 - 4:30 pm

Look, sit, come, down & settle (ideal for having the dogs chill while company is over).

Clinic IV: Thursday, Apr. 11 10:00 - 11:00 am

Look, sit, come, leave it & drop it (a must if the dog snags an item they shouldn't have).

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Fluvanna County Parks and Recreation
presents the

Young Ladies



Valentine's Ball

At the Fluvanna Middle School Gymnasium

February 15 or February 16, from 6 - 9 pm

Ages 5 - 12 / \$20 per couple / \$5 for additional siblings

Registration ends on February 8. NO EXCEPTIONS!

Enjoy a special evening of dancing and refreshments. Each young lady must be escorted to the dance by a special adult in her life. Only one escort per couple please.

This event is being held on two nights.

You may register for one night only!

Each night is limited to 200 couples.



For questions please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

Fluvanna County Parks and Recreation

Presents Our Annual Pleasant Grove Park



EASTER EGG HUNT

Free for Ages Infant to 12 Years Old

Saturday April 20 ~ 9 AM - 11 AM

Face Painting and Crafts

Hunt Promptly Begins at 10 AM!
Please bring your own basket.



For questions please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

FLUVANNA COUNTY TIRE DROP OFF

Saturday, April 27 / 10am - 2pm / Pleasant Grove Park

Proof of Fluvanna County residency required. Must present valid ID.



Arrive Early! Limited Collection Capacity!

When the trucks are full, we will close.



**ALL TIRES MUST BE OFF RIMS! NO BUSINESS DISPOSALS!
NO TRACTOR TIRES! NO BIG RIG TIRES! NO ELECTRONICS!
NO HAZARDOUS WASTE DROP OFF!**

***This year's Earth Day Celebration will NOT host a
hazardous waste drop off. TIRES ONLY!***

NO COMMERCIAL VEHICLES, MOVING TRUCKS OR TRAILERS!

**EARTH
DAY
EVERYDAY**



For questions please contact Thomas Baber at (434) 589-2016 or tbaber@fluvannacounty.org

VALLEY AMUSEMENTS



PLEASANT GROVE PARK

May 8, May 9, May 10 & May 11

FREE ENTRY - FREE PARKING

RIDES: \$15 Armbands or \$1 per Ticket

Wednesday, May 8

6 pm to 10 pm

Thursday, May 9

6 pm to 10 pm

Friday, May 10

4 pm to 10 pm

Saturday, May 11

10 am to 3 pm & 5 pm to 10 pm



For questions please contact Thomas Baber at (434) 589-2016 or tbaber@fluvannacounty.org



Rentals: Disc Golf Sets are for rent from the Pleasant Grove House Museum for **\$5 per Set**, including disc carrying bag. ***\$50 deposit for each disc golf set.***
We have opened all 18 holes of our disc golf course.

There is still some work to be done on installing signage, so please enjoy carefully!!!

RIVANNA RIVER HISTORY FLOAT / Sunday, May 19

Take a leisurely and educational float down the Rivanna River from Crofton to Palmyra. Guided by local historian and boatman Brian Coffield. Stop and visit historic sites and structures that were an integral part of commercial navigation on the Rivanna in the 18th and 19th centuries. \$20 per person, 4-12 participants, ages 18+. **Participants responsible for boat/paddle/life jacket, etc. (rentals available).** Meets at the **Palmyra VDGIF Boat Launch** – shuttle is provided. **Paddling experience required.** You must be able to carry one end of a boat and assist in lifting it onto a trailer. Participants may bring their own boat, paddle and PFD, or arrange for a rental. All participants should bring their own food and water, insect repellent, sunscreen and river shoes.

For questions please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

FLUVANNA MOTHER'S PLAY GROUP

Infants - 6 / Tuesdays / Through May 21 / 10 am - 12 pm / \$5 per child / Carysbrook Gym

This is a weekly playgroup designed for children birth to 6. Our play area in the gym includes toys and play mats for your child to enjoy. We encourage parents and caretakers to play with the children and socialize in our kid-friendly environment. To fund all of our wonderful events throughout the year, purchase cleaning supplies and any bins and new toys, we ask for \$5 per child. Also, if you would like to donate any toys to the group, feel free to bring them. (However, please no stuffed animals due to cleaning and storage issues.)

FUN EVENTS FOR 2019!

February 12 - Valentine's Party. Bring a treat to share

March 12 - St. Patrick's Day Party. Wear green and bring a green treat to share!

April 16 - Easter Egg Hunt and Party. ****Bring your own basket and 6 filled eggs per child**

May 21 - Last day of group. End of the year party. Bring one side dish to share.

The last day of playgroup may change due to hot summer weather.

Please contact Adrianna Wilder at lilpickles7@yahoo.com if you have any questions. Volunteers Needed

FAST / YEAR ROUND SWIM & LEARN TO SWIM / WWW.ISWIMFAST.ORG

Age 4 and up / All Skill Levels / Building Athleticism, Character and Friendships

Offering: Swim Lessons, Stroke and Turn Clinics, Summer Swimming and Year-round Swimming.



Contact Coach Cos Difazio with questions at cos.difazio@gmail.com

FLUVANNA COUNTY LIBRARY PROGRAMS

Spring 2019 Library Events

Winter Reading Program @ the Library

Monday, December 10 - Saturday, March 16

Calling all kid, teen, and adult readers! Cool prizes for all ages!

Preschool Story Times

Tuesday Mornings at 10 a.m.

January 8 - May 14

Join us for some fun stories, songs, and movement with Mother Goose on the Loose. Infants to Preschool.



at Friday Mornings 10 a.m.

January 11 - May 17

Join us for some fun stories and a craft. Preschool

Friday Movies @ the Library

1st & 3rd Fridays at 2 & 7 p.m.



AARP Tax Help

February 1 - April 15

More information available at the Library.

"No School Today" @ the Library

Friday, February 15

10 a.m. - Friday Morning Storytime

1-3 p.m. - LEGO Builder Party

2 & 7 p.m. - Friday Movies @ the Library

Spring Break @ the Library

Monday, April 1 - Friday, April 5

Watch for fun activities, movies and more!

Special programs, tours and workshops are available for groups and can be scheduled upon request. Please contact the Library for more information or with any questions at:

Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963
(434) 589-1400 or via email at fluvannalibrary@gmail.com



Pleasant Grove Park: A Natural Experience

Virginia Master Naturalist Led Monthly Hikes at 1 PM On the Second Saturday of Each Month:

- ◆ **January 12** – Meet at the soccer field parking lot for a guided hike with a Master Naturalist. We'll hike along portions of the Brush Arbor, Rock Brook and Quail Meadow trails to observe how the winter season has changed these wildlife habitats. We'll be watching to see how the plants have changed and how the animals that depend on them adapt.
- ◆ **February 9** – Meet at the Pole Barn to hike the Brush Arbor Trail to look for animal signs, tracks and artifacts that are more visible in the winter landscape with the lack of vegetation.
- ◆ **March 9** – Meet at the Pleasant Grove Museum House to hike the new Self Guided Nature Trail. You'll learn about the many ways nature is alive at the Park and gain an appreciation of the different wildlife habitats and the native plants and animals that inhabit these areas.
- ◆ **April 13** – Meet at turnabout (on the way to the sports fields) to hike the Quail Meadow Trail through the wildlife meadows. You will experience the variety of birds, plants and animals that inhabit these grasslands, long prized by Native Americans.
- ◆ **May 11** – Meet at the Nature Room at the Pleasant Grove Museum House Summer Kitchen to see our collection of nature artifacts including bird nests and eggs, animal skulls and bones, mounted birds, etc. Then join us as we visit one of the bluebird houses at Pleasant Grove with a bluebird monitor. Learn how to encourage bluebirds on your property.

These nature experience opportunities are available every time you visit Pleasant Grove Park:

- ⇒ Visit the Nature Room at the Pleasant Grove House Summer Kitchen to see the interpretive exhibits, animal artifacts and mounted birds
- ⇒ Take the self-guided nature hike starting at the kiosk behind the caretaker's house (brochure available)
- ⇒ Visit the native plant Butterfly Garden (brochure available)
- ⇒ Take a hike on one of the 23 trails covering over 20 miles (Trail Map with habitat descriptions available)
- ⇒ Hike through one of the 4 Wildlife Meadows and observe the wildflowers, native grasses and animal wildlife (see Trail Map)
- ⇒ Go birding – Pickup a birding checklist and go walking in the Park (bird id field guides available for checkout)
- ⇒ Hike the Tree ID Trail behind the Library to observe 23 native tree species identified by interpretive plaques (children scavenger hunt brochures available, with prizes for completion, at the Library)
- ⇒ Observe one of the Bluebird, American Kestrel, Bat or Eastern Screech Owl Nesting Boxes in the Park

Brochures, guides and maps are available at the Farm House, the Nature Room (in the Summer Kitchen), the Library, and many kiosks in the Park.

Also visit www.rivannariver.org to find out about other nature opportunities in Fluvanna County including nature hikes at Scheier Natural Area, with 100 acres, 8 ponds and 3 miles of hiking trails.

Check trail conditions the day of the hike at [www.Facebook.com/FluvannaParksandRecreation](https://www.facebook.com/FluvannaParksandRecreation) or call the Pleasant Grove House Museum at (434) 589-2016

RENTALS & RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

Pleasant Grove Park

Athletic Fields: \$10/hour

Baseball, Softball, Soccer

Tournaments: \$75/day

Pole Barn: \$75/day - \$100 Deposit

Utilities: \$25/day

Horseback Trails: \$8/ Daily

Outdoor Stage: \$100/day - \$100 Deposit

Meeting Room: \$10/hour - \$100 Deposit

Eastern Trailhead Pavilions (Dog Park)

Large Pavilion: (40 people):

\$50/day - \$100 Deposit

Small Pavilion: (25 people):

\$25/day - \$100 Deposit

Fluvanna Community Center

Meeting Room: \$20/hour - \$100 Deposit

Auditorium: \$75/hour - \$100 Deposit

Staffing Fee (after hours): \$15 hour

Carysbrook Sports Complex

Athletic Fields: \$10/hour- \$100 Deposit

*with lights \$20/hour

Tournaments: \$75/day - \$100 Deposit

Gymnasium: \$50/hour- \$100 Deposit

*with tarp \$75/hour

Staffing Fee (after hours): \$15 hour

Carysbrook Performing Arts Center

Auditorium: \$75/hour - \$100 Deposit

Staffing Fee (after hours): \$15 hour

Civil War Park

Downtown Palmyra, VA

**1/2 acre with picnic tables, near the
Old Stone Jail Museum**

Tables

Rectangular: \$3 each per day - \$50 Deposit

Round: \$5 each per day - \$50 Deposit

Chairs

\$1 each per day - \$50 Deposit

Big Tent

18' x 30' Tent Canopy

\$100/day - \$100 Deposit

Small Tent

14' x 20' Tent Canopy

\$75/day - \$100 Deposit



CANOE LIVERY at PLEASANT GROVE

RENT CANOES and KAYAKS / \$20 per day,

\$35 per weekend / \$100 deposit per boat

Call (434) 589-2016 to arrange rental.

Includes paddles and Personal Floatation Device (Lifejacket).

RIVANNA RIVER SHUTTLE / CROFTON PUT-IN TO PALMYRA TAKE-OUT

\$5 per Person - 4 Person Minimum or \$20 minimum required

3 Day Notice Required, please call:

(434) 589-2016 or (434) 842-3150

or email pghmuseum@fluvannacounty.org to arrange Shuttle.

At the agreed date and time, a shuttle will meet you at the Palmyra VDGIF Boat Launch (RT 53 & RT 15), transporting you and your boats to the Put-In at the Crofton Boat Launch (S. Boston Rd.). Allowing you to paddle and enjoy the river back to the Palmyra VDGIF Boat Launch and your vehicle.

Fluvanna County Parks and Recreation (434) 589-2016

www.fluvannacounty.org/parksrec

Registration Form



PAYMENT MUST ACCOMPANY THIS FORM
 MAKE CHECKS PAYABLE TO "FCPR"
 P.O. Box 70, PALMYRA, VA 22963 (434) 589-2016

First Name _____ Middle Initial _____
 Last Name _____ Birth Date __/__/__ Gender M/F

Mailing Address _____

Email Address _____

Home Phone _____ Mobile Phone _____

Emergency Contact: Name _____ Phone _____

Shirt Size: Youth Adult Small Medium Large X-Large

Special Needs/Disabilities _____ Allergies _____

Household Members:

Name: _____ Birth Date: ____/____/____

Name: _____ Birth Date: ____/____/____

Name: _____ Birth Date: ____/____/____

Name: _____ Birth Date: ____/____/____

Activity Title	Date(s)	Time(s)	Fee (non-resident add 15%)

Assumption Of Risk

I understand the nature of the activity in which I am (my child is) being enrolled. I understand that there are certain risks inherent with participating in recreational activity and that it is the duty of each participant to exercise reasonable care for their own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity's supervisory staff has the authority to discipline my child in a manner similar to that imposed in Fluvanna County's public schools. I understand that under Virginia law, both Fluvanna County and its employees are immune from liability for negligence should I (my child) suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age _____ Date: _____

Print Legal Guardian's name for participants under 18 years of age: _____

Refund Policy: Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 60 days for your refund to be mailed. A \$20 service charge will be assessed for any returned checks.

Office Use Only: Rec'd Date _____ By _____ Check # _____ Cash _____ CC _____

FLUVANNA COUNTY PARKS AND RECREATION FACILITIES

Pleasant Grove House Museum & Welcome Center

271 Pleasant Grove Drive
Palmyra, VA 22963
(434) 589-2016

- Parks and Rec Office
- County Welcome Center
- Transportation Museum
- Summer Kitchen
- Nature Room

www.fluvannacounty.org/parksrec

Fluvanna Community Center

5725 James Madison Highway
Fork Union, VA 23055
(434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Classrooms
- Rentals All Year Long

Pleasant Grove Park and Western Trailhead

271 Pleasant Grove Drive
Palmyra, VA 22963

- Hiking, Biking and Equestrian Trails
- Pole Barn
- Playground
- Athletic Fields, including Disc Golf
- Butterfly Garden
- Outdoor Stage

Carysbrook Sport Complex

8788 James Madison Highway
Fork Union, VA 23055

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

[Event Updates, Photos and Trail Info...](#)

[www.Facebook.com/
FluvannaParksandRecreation](http://www.Facebook.com/FluvannaParksandRecreation)

Pleasant Grove Dog Park and Eastern Trailhead

110 Thomas Jefferson Parkway
Palmyra, VA 22963

- Dog Park with 3 fenced areas for large and small dogs
- ADA Trailhead
- Picnic Shelters
- Fitness Trail
- Hiking Trails

Carysbrook Performing Arts Center

8880 James Madison Highway
Palmyra, VA 23055

- Various Performances
- Rental Options

Civil War Park

Palmyra, VA 22963
1/2-acre with picnic tables, next to the Old Stone Jail Museum

FLUVANNA COUNTY COMMUNITY PARTNERS

Fluvanna County Extension Office

5725 James Madison Highway
Fork Union, VA 23055
(434) 591 - 1950

Fluvanna County Library

214 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 1400

School Board Office

14455 James Madison Highway
Palmyra, VA 22963
(434) 589 - 8208

Sheriff's Office

160 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 8211

Fluvanna County Historical Society

14 Stone Jail Street or PO Box 8
Palmyra, VA 22963
(434) 589 - 7910
fluvannahistory@gmail.com

Jefferson Area Board for Aging

674 Hillsdale Dr. Ste. 9
Charlottesville, VA 22901
(434) 817 - 5222
jabacares@gmail.com

Fluvanna Heritage Trail Foundation

PO Box 501
Palmyra, VA 22963
(434) 589 - 4839

Fluvanna Master Gardeners

(434) 591 - 1950
www.fluvannamg.org

Fluvanna Arts Council

Box 210
Palmyra, VA 22963
(434) 842 - 1333
Info@Carysbrook.org

Social Services

8880 James Madison Highway
Fork Union, VA 23055
(434) 842 - 8221

Fork Union Military Academy

4744 James Madison Highway
Fork Union VA 23055
(434) 842 - 3212

Boy Scouts of America

Stonewall Jackson Area Council
www.bsa-sjac.org/districts/monticello

Fluvanna Farm Bureau

15905 W. River Road
Fork Union, VA 23055
(434) 842 - 3411

Virginia Department of Game and Inland Fisheries

Chris Heberling, Game Warden
(540) 899 - 4169
www.dgif.virginia.gov

Child Services Act

132 Main Street
Palmyra, VA 22963
(434) 591 - 1933

Chamber of Commerce

177 Main Street
Palmyra, VA 22963
(434) 489 - 3262

Youth Advisory Committee

www.fluvannayac.org

Partnership for Aging

Curtis Putnam
(434) 906-8400

Fluvanna Art Association

www.fluvannaartassociation.com

Department of Social Services

8880 James Madison Highway
Fork Union, VA 23055
(434) 842 - 8221



Like us on
Facebook

[Event Updates, Photos and Current Trail Info...](#)
www.Facebook.com/FluvannaParksandRecreation

FLUVANNA SPORT ORGANIZATIONS

BASKETBALL

Fluvanna County Parks & Recreation
(Fall & Winter) Ages 3 - 17
Contact: Thomas Baber
(434) 589 - 2016
tbaber@fluvannacounty.org

TENNIS

Camp Friendship Tennis Center
Contact: Alina Ackenbom
(434) 589 - 5867
alina@campfriendship.com
www.friendshiptennis.com

BASEBALL

Fluvanna Youth Baseball
(Spring)
Ages 4 - 15
Baseballfluvannayouth@gmail.com
fluvannayouthbaseball.com

SOFTBALL

Fluvanna Girls Softball League
(Spring & Fall) Ages 5 - 18
Contact: Tiffany Rosales
(434) 242 - 1933
fluvannasoftball@gmail.com
www.fluvannagirsoftball.com

FOOTBALL

Jefferson District Youth Football League
(Fall) Ages 8 - 14
Fluvanna County Contact:
Doug Snyder
flucofootballmom@gmail.com
www.TJFYL.net

SOCCER

Fluvanna Youth Soccer Association
(Spring & Fall)
Littler Strikers & U5 - U14
Contact: Tom Beckham at
FYSAforce@aol.com
www.fysa.org\

LACROSSE

Fluvanna Lacrosse Club
Boys 2 - 8 Grade
Recreational Clinics and League Play
fluvannalaxclub@gmail.com

DANCE

Flutter Wheels Square Dance Club
Contact: Faith or Dan
(434) 842-9020

SWIMMING

Lake Monticello Swim Team
(Summer)
Contact: Kirsten Weimer
lmstsharks@gmail.com
www.lmst.jsl.org

Fluvanna Aquatics Sports Team

FAST (Summer)
Contact: Coz DiFazio
(434) 326 - 5566
Cos.difazio@gmail.com
www.iswimfast.com

Fork Union Military Academy Aquatic Club

(Summer)
Contact: Ryan Campbell
campbellr@fuma.org
(434) 842 - 4210



Pleasant Grove House Museum

A slice of Fluvanna history resides in the renovated Pleasant Grove House and Summer Kitchen Museums. Showcasing exhibits relating to the history of transportation in Fluvanna County.

Pleasant Grove House also serves as Fluvanna County Parks and Rec's main office and the County Welcome Center.

Office Hours: Monday - Friday, 8 am - 5 pm

Museum Staff Guided Tour Hours:

Monday, Wednesday and Friday

10 am - 2 pm

Saturday and Sunday

12 - 4 pm

Address:

271 Pleasant Grove Drive
Palmyra, VA 22963

Phone: (434) 589 - 2016



Pleasant Grove House Museum, built by William D. Haden in 1854, is now the headquarters for Fluvanna County Parks and Recreation.